

# Lunch Menu



BAR MENU AVAILABLE  
SATURDAY & SUNDAY FROM 1:00PM

MONDAY TO FRIDAY 12:00PM - 4:00PM

Freshly made Soup of the Day (5, 13, 14) 5.70  
Served with Irish wheaten bread (7, 14)

## WRAPS & SANDWICHES

Chicken Caesar Wrap (7, 8, 14) 8.30  
Chicken, bacon, lettuce, mozzarella and Caesar dressing

Sweet Chilli Chicken Wrap (5, 7, 14) 8.30  
Chicken, roasted pepper, red onion, mozzarella & sweet chilli

Cajun Chicken Ciabatta (7, 8, 14) 8.90  
Marinated chicken, Dubliner cheese, crisp lettuce, House slaw in a warm Italian ciabatta

Summer Halloumi Ciabatta (3, 7, 8, 14) 8.90  
Grilled halloumi, fresh pesto mayo, roasted pepper & irish rocket

Ripples Braised Beef Sourdough (7, 14) 8.30  
Slow braised beef, caramelised red onion, Dubliner cheese & irish rocket

Add fries or soup for only 3.10

## RIPPLES SALADS

Warm Goats Cheese Salad (3,10, 14) 9.30  
Baked goats cheese, roasted pepper, fresh basil pesto, cherry tomato & pickled onion

Grilled Halloumi Cheese Salad (3, 10, 14) 9.30  
Honey mustard dressed leaves, cherry tomato, fresh cucumber, strawberries & walnuts

Classic Caesar Salad (7, 8, 14) 9.30  
Smoked chicken, crisp bacon, sourdough croutons & fresh parmesan

Wood Smoked Salmon (1, 7, 10, 14) 9.90  
Donegal smoked salmon with crisp leaves, cherry tomato, cucumber, lemon & Irish wheaten bread

## WARM DISHES

Hearty Irish Beef & Vegetable Stew on a bed of Mash (10, 13, 14) 13.40

Our speciality Aromatic Chicken Curry with Steamed Rice (13) 13.40

Carbonara of Smoked Bacon & Chicken (7, 8, 14) 14.00  
Penne pasta, garlic ciabatta & fresh parmesan cheese

Buttermilk Chicken Tenders, Fries, Tossed Salad (7, 8, 14) 14.00  
With sweet chilli sauce



1-FISH, 2-SOYBEAN, 3-NUTS, 4-MOLLUSCS, 5-SULPHITES,  
6-CRUSTACEANS, 7-GLUTEN, 8-EGGS, 9-PEANUTS, 10-MUSTARD,  
11-LUPIN, 12-SEASAME, 13-CELERY, 14-MILK