

Lunch Menu



MONDAY TO FRIDAY 12:00PM - 4:00PM

Soup of the Day (13, 14)

5.50

Served with Fresh Wheaten Bread

WRAPS & SANDWICHES

Chicken Caesar Wrap (7, 8, 14)

7.95

With Chicken, Bacon, Peppers, Onions & Mozzarella

Sweet Chilli Chicken Wrap (5, 7, 14)

7.95

With Sweet Chilli Chicken, Pepper, Onion & Mozzarella

Cajun Chicken Wrap (7, 8, 14)

7.95

With Chicken, Cajun Mayo, Pepper, Onion & Mozzarella

Halloumi Cheese Wrap (7)

7.95

With Halloumi Cheese, Olives, Rocket, Pepper & Onion

Toasted Sandwich (on request, 2 Toppings)

5.90

Pulled Beef Sourdough Toastie (5, 7)

7.95

Pulled Beef with Caramelized Red Onion, Rocket & Dubliner Cheese

RIPPLES SALAD

Smoked Chicken Caesar Salad (7, 8, 14)

Reg 8.95

Large 14.95

Smoked Chicken Breast, cos lettuce, garlic sourdough, crispy bacon and parmesan with homemade Caesar dressing.

Warm Goats Cheese Salad (3, 14)

Reg 8.95

Large 14.95

Warm Goats Cheese with carmelised red onion, sundried tomato and house pesto.

Vegan Salad (7)

7.95

Beetroot, Curried Chick peas, cherry tomato, carrot & picked red onion.

WARM DISHES

Hearty Irish Beef & Vegetable Stew on a bed of Mash (10, 13, 14)

12.50

Aromatic Chicken Curry with Basmati Rice (10, 13)

12.50

Chicken & Smoked Bacon Carbonarra with Penne Pasta & Garlic Bread

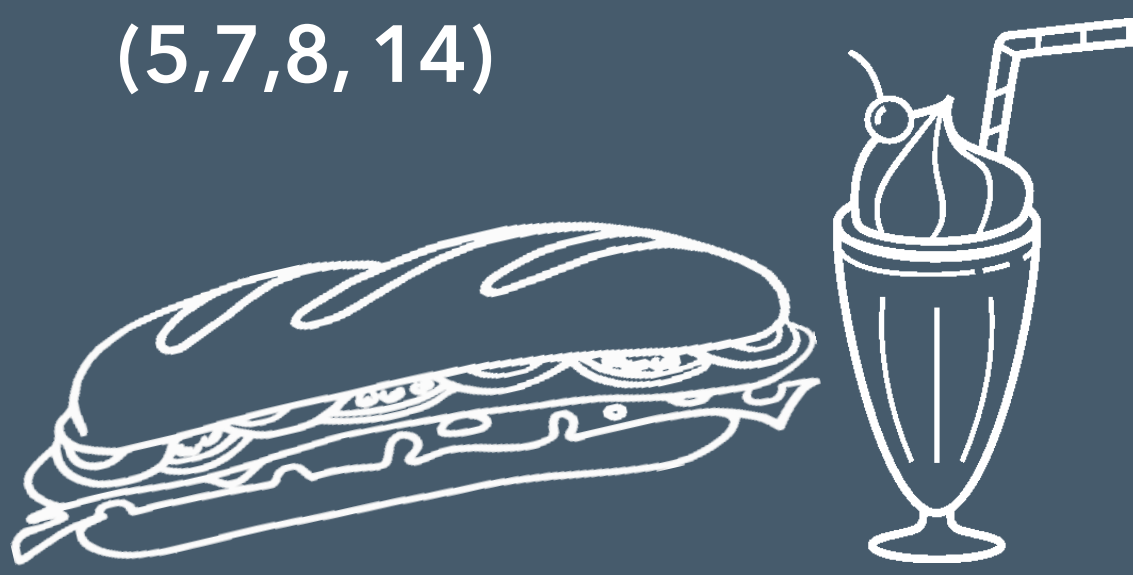
13.50

(7, 8, 14)

Buttermilk Chicken Tenders with Chips, tossed salad & Chilli Sauce

13.50

(5,7,8, 14)



1-FISH, 2-SOYBEAN, 3-NUTS, 4-MOLLUSCS, 5-SULPHITES, 6-CRUSTACEANS, 7-GLUTEN, 8-EGGS, 9-PEANUTS, 10-MUSTARD, 11-LUPIN, 12-SEASAME, 13-CELERY, 14-MILK